

# Outside Activities You Can Do Indoors

Take advantage of activities that you might do on a warm spring day, but indoors... And, they take little to no preparation and/or money to do – just have fun together!

- Household Scavenger Hunt – think of a list of items that one might easily find inside (hairbrush, sippy cup, pair of shoes) and spend together trying to find them. Want to make it competitive? Break up into teams, pairing up the smaller children with older children/adults and see who can find all of the items on the list first.
- Sock Tag – finally something to do with all of those mismatched socks. Tuck an old sock into each player's back pocket or waistband and run around trying to grab the other player's socks without losing your own. If you lose your tail, you must sit down – but, if another player passes by close enough, grab their sock and rejoin the game!
- Toy-made Obstacle Course – grab hula hoops, a toy tunnel, cones, an old pillow, and anything else you can think of. Encourage older children to help think about how to organize the course.
- Not A Sheet – take an old flat bed sheet and proclaim, “this is NOT a sheet”! Then, spend some time together trying to come up with ideas of what you could turn the not a sheet into – i.e. a roof of a cabin, a mummy costume, a magic carpet to ride on and so on.
- Wastepaper Shootout – take two buckets, wastepaper baskets, or large bowls and put them in front of your players at a certain distance. Each player has their own designated bucket. Give them a stack of paper. They have to take the paper, crumple it, and shoot as many sheets as they can in one minute. Play music to make it more fun.



References: Foster, B. J. (n.d.). 10 Indoor activities to do with kids. All Pro Dad. <https://www.allprodad.com/10-indoor-activities-to-do-with-kids/>; Holecko, C. (2020, March 14). *Active outdoor games for a kid's party*. Verywellfamily. <https://www.verywellfamily.com/active-outdoor-party-games-1257360>; Pace, A. (2017, July 27). *7 Fun & simple outdoor activities for kids*. Nature's Path. <https://www.naturespath.com/en-ca/blog/7-fun-simple-outdoor-activities-kids/>; Tinkergarten. (n.d.). Not a sheet. <https://tinkergarten.com/activities/not-a-sheet>